



Roadmap For Parents & Children Of The Ordained & Religious Before Emailing Coping International.

If you are reading this, you have reached Coping and most likely are a mother of a priest's child, a child of a priest/religious, or a family or friend of such a person and have concerns. Children of priests are born into secrecy, secrecy disguised as "what is best for the child", however, this secrecy does not allow choice. I know this secret very well, as I spent thirty years within this secret and a further ten years analyzing this phenomenon as a qualified psychotherapist with active and live cases. Even when the child does not know or has not been told, do not believe they are not suffering or do not have a suspicion and consequently suffer. Above all, they have a right to know who they are and who their father is.

What Are The Problems Priest's Children Face?

The child does not know who their father is. In this scenario, they grow up within a web of lies and secrecy; partial allusions to their identity, along with personal suspicions on behalf of the child, accumulate over time. This creates internal disharmony and psychological strain. The added difficulty is the child suffers, but has little appreciation of why they suffer. They may often act out or misbehave or in

adulthood turn to addiction or worse to escape the strain. Moreover, with the increasing popularity of DNA home testing, the certainty of them finding out is only a matter of time. The child has been told about their paternity and has been told to keep it a secret. In this scenario, what the child often experiences is paranoia and fear about divulging the secret of their identity; furthermore, they experience increased amounts of shame about who they are, internalizing the fear that surrounds them. This fosters huge amounts of anxiety over time and it is the secret that is at the root of all of this psychological pain. The child was never told, and had no idea, but finds out via a DNA test. In this scenario, the child rarely had any suspicion as to their being a secret around their father's identity. However, in the rare circumstances where the child admits they had no idea, and finds out as an adult, they may at this point be silenced. This silencing will foster anxiety, shame, and questions about their self and self-worth. Silencing can be very detrimental to another's well-being and is always to be avoided.

I Am Still Being Silenced / I am Silencing My Child(ren). If you are complying with the silence, your anxiety will continue, even on an unconscious level. If you are silencing a child of a priest, you are engaging in emotional abuse, as premature imposition of responsibility upon a child is emotionally abusive, child abuse par excellence. If you encourage the silence you are coercively controlling the child.

I Am Ready To Speak To The Church Authorities. 1) This is called freeing yourself and taking back control. You may state, the Bishop/Religious Order that your father belonged to does not wish to listen or will not return my calls, is habitually ignoring me. If you are a parent/child and have signed a legal document in return for child support and there is a

confidentiality clause in it, not allowing you to speak, in this case, you may still proceed. No Bishop/Religious Superior will ever sue a child/mother for claiming what is owed via natural law. 2) You must research your father's diocese/religious order, and the name of the same and look for the name of the Bishop (in the case of the diocese) and/or the Provincial of the country where your father ministered (in the case of a Religious Order.) In the case of the latter, you may also look up the name of the Superior General (that is the person who is over the entire order worldwide.) 3) This point is where you compose your email that is sent to your father's superiors. Even if he has passed, you still do this. Remember, email is always best (the church authorities may insist on snail mail, but best to ignore that advice.) You can prove the existence of an email, but a letter's contents cannot be proven. If you feel it is best, write your letter, print it, sign it, scan it and attach it as an email attachment posting the original also. Your proof of documents is important for you later in your case. 4) Paragraph One: You introduce yourself, biographical information, and be brief and concise. Paragraph two: You advise who your biological father is, and how long you have known about him. Paragraph three: you outline how you have been impacted by the secrecy. For more on this specific section, please visit the following website: <https://www.copinginternational.com/psychology/> but your own experience is the primary source; write down how you felt maintaining this secret/finding out and being in shock (and being silenced)/always suspecting and the accompanying confusion. This is not an exhaustive list of situations. 5) Having completed points 1-4, the next section is the remedy. Consider, having reflected on the mental health and anguish that impacted you, how was your life impacted outside of mental health? Education, housing, relationships,

finances, and so forth. Furthermore, what does the church need to do to remedy these wounds, in addition to paying for counseling with an independent counselor? You may enlist the services of a mediator for this, but if you feel strong enough to do this yourself. 6) This is a very important point, perhaps more important than all of the other steps. The church authorities have been very strong in not recognizing this issue as they cannot stop men from fathering children. The Vatican has admitted that children of priests are “inevitable” Now, you need to send your completed letter to the following people:

- The Bishop or Superior of your father (even if your father is dead.)
- The Founder of Coping, Vincent Doyle, email address:
mrvincentdoyle@gmail.com &
childrenofpriestsinternational@gmail.com
- A Journalist.
- The Vatican Secretariat Of State:
secretariusstatus@sds.va

Why are you emailing Coping founder, Vincent Doyle? Firstly the choice is yours, but the suggestion is because church authorities worldwide dislike outside parties being brought into what they deem, “a private matter.” Coping has been synonymous with this issue for the past decade and the church associates us with global and national transparency via journalists and television; this will force the church authorities to deal with this quickly, putting you, the child/mother into control, not Coping and not the church. Secondly, why cc’ a journalist? The reason is similar to the

reason you contact Copping, however, you advise the journalist that the entire story is 'off the record' for now. This means they legally cannot tell or print the story. However, one email from you, and you can expose the church for their misdeeds, so they are forced on the double, to do what is right, and expeditiously. You are never obliged or under pressure to go public, but you are telling the church, you may. The reason you include the Vatican is to kill the notion of the local bishop or provincial having absolute authority, you are the one with the authority, not the church, the Vatican, or Copping, you! Conclusion, by completing these steps, above and using the materials included on this webpage, you are regaining control of your life in one single email.